**VOLUNTEER ROLE DESCRIPTION**

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| **Role** | Volunteer Befriender / Companion |
| **Location** | Age Concern Bracknell Forest Companion Centre |
| **Time Commitment** | Volunteers are asked to commit to a befriending session on a weekly or fortnightly basis for at least six months. |
| **Responsible To** | Companion Centre Manager |

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| **PURPOSE OF THE ROLE** |
| To provide companionship, reassurance to our clients |
| **KEY DUTIES AND RESPONSIBILITIES** |
| * Providing conversation and friendship to the clients who visit our Companion Centre. * Providing companionship to enable people with dementia to engage with activities * Offering opportunities to participate in social/recreational and daily living activities, e.g. reading a newspaper, playing cards. |
| **KEY EXPERIENCE, SKILLS & ATTRIBUTES** |
| * Patience and understanding * Empathy * Good social and communication skills * Negotiating skills and experience of dealing with difficult situations * Able to work on own or part of a team * An interest and willingness to learn about dementia * Helpful and accommodating manner |
| **WHAT WE OFFER** |
| * An understanding of dementia and the impact it has on people’s lives * Knowing that what you do can make a difference * Opportunity to support clients with dementia * Care Certificate (if desired) * DBS |