**VOLUNTEER ROLE DESCRIPTION**

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| **Role**  | Volunteer Befriender / Companion |
| **Location** | Age Concern Bracknell Forest Companion Centre |
| **Time Commitment** | Volunteers are asked to commit to a befriending session on a weekly or fortnightly basis for at least six months. |
| **Responsible To** | Companion Centre Manager |

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| **PURPOSE OF THE ROLE** |
| To provide companionship, reassurance to our clients |
| **KEY DUTIES AND RESPONSIBILITIES** |
| * Providing conversation and friendship to the clients who visit our Companion Centre.
* Providing companionship to enable people with dementia to engage with activities
* Offering opportunities to participate in social/recreational and daily living activities, e.g. reading a newspaper, playing cards.
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| **KEY EXPERIENCE, SKILLS & ATTRIBUTES**  |
| * Patience and understanding
* Empathy
* Good social and communication skills
* Negotiating skills and experience of dealing with difficult situations
* Able to work on own or part of a team
* An interest and willingness to learn about dementia
* Helpful and accommodating manner
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| **WHAT WE OFFER** |
| * An understanding of dementia and the impact it has on people’s lives
* Knowing that what you do can make a difference
* Opportunity to support clients with dementia
* Care Certificate (if desired)
* DBS
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