



AGE CONCERN BRACKNELL FOREST

Charity Reg: 1153607

DAY CENTRE



MEMBERS GUIDE

Compassionate Care in a Dementia-Friendly Day Centre, Not for profit - Serving Our Community for Over 50 Years – Spaces Now Available to Support Those in Need.



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www.ageconcernbracknell.org.uk



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WHO WE ARE

Age Concern Bracknell Forest is an independent charity with over half a century of service to our local community, we place support and compassion at the heart of our operations. We're committed to adapting our resources and facilities to meet the evolving needs of our members and their families. By joining our day centre, we can provide individuals with an unparalleled level of care, community, and enrichment that positively impacts their quality of life.

For additional information, or a tour of our facility, please contact us directly. Together, we can support those in need of care with dignity, compassion, and unwavering dedication.



**JOYFUL MOMENTS AND
LIVELY MOVEMENT –
BRINGING FUN,
CONNECTION, AND
ENERGY TO EVERY DAY
AT OUR DAY CENTRE.**

OUR MISSION AND VISION

Our day centre has been open for 30 years, dedicated to providing exceptional, compassionate support to individuals with dementia, older adults, and anyone who could benefit from our specialised environment. As a hub for meaningful interaction, mental stimulation, and professional care, our day centre offers a safe, enriching, and supportive community where members can thrive.



WHAT IS A DAY CENTRE?

A day centre is a supportive, safe environment where older adults, individuals with dementia, or those needing special support. Day centres offer a structured setting with access to professional care, social interaction, and a variety of activities designed to enhance quality of life. They also provide valuable respite for caregivers, ensuring that their loved ones receive compassionate, tailored support in a secure community setting.

WHY CHOOSE US ?

- 01** Professional Care Team: Our compassionate and highly trained team provides personalised attention, support, and care to meet individual needs.
- 02** Full-Day Facility Access: Open Monday through Friday, from 9:00 am to 4:00 pm, members can attend as little as once per week or all five days, offering flexible options to fit their routines.
- 03** Two-Course Nutritious Meal: Prepared daily, members enjoy a delicious, balanced two-course meal in addition to unlimited refreshments, ensuring they are nourished and hydrated throughout the day.
- 04** Cost-effective: Starting from just £49 per person, per day (£7 per hour) our Day Centre is a low cost option when considering care options.
- 05** Trusted and respected, our not-for-profit charity has been putting people first for over 50 years, delivering compassionate care and support to those who need it most.

**ENGAGING MINDS
AND FOSTERING
FRIENDSHIPS – OUR
MEMBERS ENJOY
FUN AND
STIMULATING
GAMES THAT
SPARK
CONVERSATION
AND CONNECTION**



BENEFITS FOR THOSE ATTENDING

- 01** Social Engagement for Cognitive Health: Opportunities for social interaction, which is especially beneficial for those with dementia, promoting mental stimulation and reducing isolation.
- 02** Personalised Wellbeing Consultations: Direct access to guidance that focuses on their specific needs.
- 03** Community Connection: Opportunities to engage with local resources and support networks.
- 04** Consistent Support: Access to a safe space with reliable support during core hours.
- 05** Access to holistic fitness sessions, community visitors that bring joy and improve the persons quality of life.

**EXCITING
ACTIVITIES:
GAMES, CRAFTS,
QUIZZES,
VISITORS AND
MORE...NEVER A
DULL MOMENT!**



FACILITIES ON OFFER



- 01** Dementia-Friendly Technology: The latest in dementia-friendly tablet devices, these tools are specifically designed for ease of use, sensory engagement, and safe exploration.
- 02** Dementia Resources & Activity Tools: Our collection of dementia-specific resources includes books, puzzles, sensory items, and activity kits crafted to engage members' senses and memory in a safe, positive way.
- 03** Cinema Room: Members can relax and enjoy popular films, fostering social interaction and providing moments of relaxation and enjoyment.
- 04** Daily Group Activity Space: From arts and crafts to music therapy, chair exercises, and cognitive games, each day brings a variety of activities designed to foster joy, cognitive engagement, and physical movement.
- 05** Secure, Locked Facility: Safety is a priority. Our centre features a locked entrance, ensuring a secure environment that brings peace of mind to families and carers.

REGULAR VISITS FROM OUR THERAPY DOG BRING JOY AND COMFORT TO EVERYONE HERE.



BENEFITS OF CHOOSING US

- 01** Emotional & Psychological Support: Our staff are trained not only in practical care but also in providing emotional support, helping members feel valued, respected, and heard.
- 02** Respite for Carers: Our day centre provides essential respite for family carers, allowing them time to rest, recharge, and attend to personal needs, knowing their loved one is in a safe, caring environment. This support is crucial for maintaining the well-being and mental health of caregivers, ensuring they can continue providing care with renewed energy and focus.
- 03** Personalised Care Plans: We work with each member's family and care team to ensure individual needs and preferences are met, adapting activities and routines to each unique person.
- 04** Holistic Wellness Approach: Combining physical, mental, and social well-being, we take a holistic approach to wellness, ensuring that every aspect of a member's needs is considered and cared for.
- 05** We provide a two-course meal every day for our guests, ensuring that no one leaves feeling hungry. Additionally, a variety of snacks and beverages are available throughout the day for everyone's enjoyment.

"BEFORE COMING HERE, I HADN'T LAUGHED IN YEARS. NOW, I LAUGH EVERY DAY."



WHY JOIN US?



HOW TO REFER TO US:

Our referral process is straightforward, and we offer flexibility to suit individual needs. Whether clients require a short-term placement—just a few days or weeks—or are seeking a more permanent arrangement, our team is ready to assist in making the transition seamless.

Step 1: Book a Trial Visit

To ensure our centre is the perfect fit, we highly recommend a trial visit. This allows potential members and their families to meet our team, explore the facilities, and experience a typical day. During this visit, we can address any questions and further discuss how we'll support the individual's unique needs.

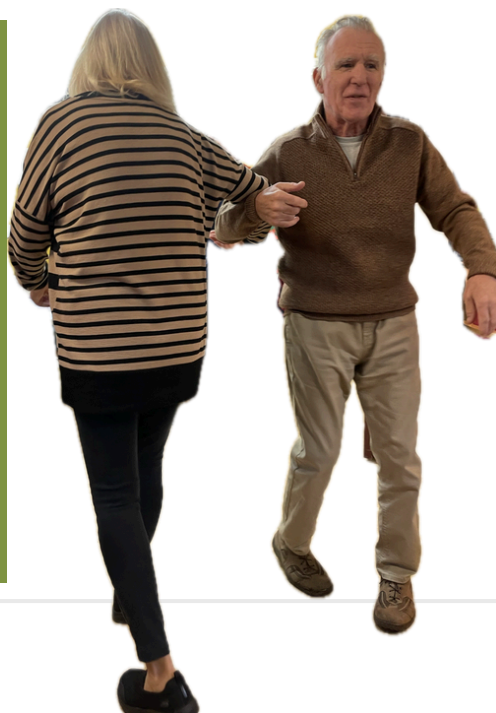
Step 2: Complete a Support Plan

We ask that family members or professionals complete a support plan for each individual. This document allows us to understand the specific needs, preferences, and goals of the member, ensuring a personalised experience. Alongside the support plan, families and professionals will receive our Terms and Conditions. These can be reviewed at any time on our website.

Step 3: Confirm Start Date

Once the support plan is completed and the trial visit is successful, we can typically have someone start within a week. We're committed to making the transition as smooth as possible and will coordinate with families or professionals to ensure all preparations are in place.

For more information on the referral process or to book a trial visit, please contact us or visit our website.



FAQS

1. Do you provide transport to and from the day centre?

No, we currently don't offer direct transport. However, we recommend using Keep Mobile at 0345 544 0850 or The ARC Trust Transport at 01344 266911 for convenient travel options.

2. Can you help with medication management?

Yes, we can assist with certain types of medication. Please contact us directly to discuss specific requirements, as there are some limitations on the types of medication we can support.

3. Are you able to support with toileting needs?

We provide assistance with some elements of toileting support. Please reach out to us so we can discuss specific needs and determine the best support plan.

4. What food options are available?

Our centre offers a diverse menu, with a range of delicious and nutritious meals. If a particular dish isn't to someone's taste, we have alternative options available, including vegetarian and vegan choices.

5. How is payment handled?

For private payers, payment is typically made a month in advance. For those funded by the local authority, we follow an established payment process already in place to ensure smooth transactions.

6. What if someone only needs short-term care?

We're flexible with placements and can accommodate short-term stays, whether a few days or several weeks. Please contact us to discuss these arrangements.

PHOTO GALLERY



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You can download the complete terms and conditions regarding Day Centre placements from our website, and they will also be provided upon registration.

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